

ABSTRAK

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KESELAMATAN DAN KESEHATAN KERJA (K3) PETUGAS REKAM MEDIS DI RUANG *FILING* RUMAH SAKIT BHAYANGKARA TK. III BANJARMASIN TAHUN 2021

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Rumah sakit dituntut untuk melaksanakan upaya K3 agar risiko terjadinya penyakit akibat kerja (PAK) dan kecelakaan akibat kerja (KAK) di rumah sakit dapat dihindari. Pelaksanaan keselamatan dan kesehatan kerja (K3) pada petugas rekam medis di ruang *filing* Rumah Sakit Bhayangkara TK. III Banjarmasin belum terlaksana dengan baik. Dari segi keselamatan petugas *filing* hampir terjatuh pada saat mengambil berkas rekam medis di rak *filing*, kurangnya pencahayaan membuat petugas kesulitan saat mencari berkas rekam medis, terdapat atap yang bocor yang membuat lantai menjadi licin, dan di dalam ruang *filing* tidak terdapat APAR. Dari segi kesehatan, petugas sering menundukkan kepala dan mengalami *low back pain* serta myalgia. Oleh karena itu penelitian ini bertujuan untuk mengetahui Keselamatan dan Kesehatan Kerja (K3) Petugas Rekam Medis di Ruang *Filing* Rumah Sakit Bhayangkara TK. III Banjarmasin. Metode penelitian menggunakan metode deskriptif kualitatif dengan subjek penelitian informan utama yaitu petugas *filing* dan informan triangulasi yaitu koordinator *filing* dan kepala instalasi rekam medis. Hasil penelitian ini antara lain, ruang *filing* sempit, kurangnya pencahayaan, atap di ruang *filing* rusak, petugas *filing* sering mengalami *low back pain* dan myalgia karena tidak ada meja dan kursi khusus untuk menginput data ke komputer, belum tersedia APAR, petugas *filing* tidak melakukan pemeriksaan kesehatan terlebih dahulu sebelum bekerja, dan petugas *filing* belum pernah mengikuti pendidikan, penyuluhan, dan pelatihan tentang K3. Sebaiknya ruang *filing* diperluas, disediakan meja dan kursi khusus untuk komputer, disediakan APAR, petugas sebaiknya melakukan pemeriksaan kesehatan sebelum bekerja, dan petugas disarankan mengikuti pendidikan, penyuluhan, dan pelatihan tentang K3.

Kata Kunci: Keselamatan, Kesehatan, *Filing*

ABSTRACT

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OCCUPATIONAL SAFETY AND HEALTH (K3) FOR MEDICAL RECORD OFFICERS IN THE FILING ROOM OF GRADE III BHAYANGKARA BANJARMASIN HOSPITAL IN 2021

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Hospitals are required to carry out K3 efforts so that the risk of occupational diseases (PAK) and occupational accidents (KAK) in the hospital can be avoided. Implementation of Occupational Safety and Health (K3) for Medical Record Officers in the Filing Room of Grade III Bhayangkara Banjarmasin Hospital has not doing well. In terms of safety, the filing officer almost fell while taking the medical record file on the filing rack, the lack of lighting made it difficult for officers to find medical record files, there was a leaking roof that made the floor slippery, and in the filing room there was no APAR. From a health perspective, officers often lowered their heads and experienced low back pain and myalgia. Therefore, this study aims to determine the Occupational Safety and Health (K3) for Medical Record Officers in the Filing Room of Grade III Bhayangkara Banjarmasin Hospital. The research method used a qualitative descriptive method with the main informants as the main informants, namely filing officers and triangulation informants, namely the filing coordinator and the head of the medical record installation. The results of this study include narrow filing space, lack of lighting, the roof in the filing room is damaged, filing officers often experience low back pain and myalgia because there are no special tables and chairs for inputting data into computers, no APAR is available, filing officers do not carry out checks. health before working, and filing officers have never attended education, counseling, and training on K3. It is better if the filing room is expanded, provided with special tables and chairs for computers, provided by APAR, officers should carry out health checks before working, and officers are advised to attend education, counseling, and training on K3.

Keywords: Safety, Health, Filing